

Recommended Teaching Steps
2 sessions (35 - 40 minutes each)

Recommended to teach the core parts marked with ★ first. The parts without ★ can be skipped if there is not enough time.

Activity/Game

Activity/Game 1:

Happy Birthday to You!

Search for birthday songs in different languages, such as Japanese, Korean, English and Cantonese, or non-vocal versions to play in class.

Activity 1 Concept

By demonstrating how people from different places, nations and culture value their birthday, guide students to think about the importance and uniqueness of their own life and be grateful for their birth. Since we are brought into this world, we should treasure our valuable life, treat ourselves well and understand the meaning of it.

PowerPoint for Teaching



Session 1

- ★ 1. **Warm-up:** at the beginning of the lesson, teachers are recommended to play happy birthday songs of different versions and in different languages for an appropriate of time (**Activity/Game 1**), to raise the interest of the students.
- ★ 2. After playing the songs, point out that everyday, people of different nations, culture, social status would celebrate their own and other people's birthday. We all carry good wishes to bless ourselves and the others. Birthday is the day when a life begins. It is very important to everyone.

Recommended time for playing songs + teaching + interaction:
about 5 - 10 minutes in total

- 3. See if there is any student having his/her birthday on that day or that month. If time allows, wish them happy birthday or prepare small gifts for them as a surprise.

Recommended time: about 2 minutes



★ 4. Point out that people everywhere would treasure and respect life as it is irreplaceable. There are many important values in our life, such as:

- Health
- A complete family
- Good academic performance
- Having a partner/friends
- Successful career
- Getting compliments in daily life
- Wealth and money
- Fame and social status
- Fulfilling a dream
- Can contribute one's strength at work
- Travel around the world

Teachers may then start **[Activity/Game 2]**.

★ 5. **Summary:** After completing **[Activity/Game 2]**, teachers can make reference to the choices of students and bring out that the values of life are multiple and everyone can pursue their own goals/values, but in any event, we have to treasure, love and respect life. While pursuing our goals, we must maintain a positive outlook on life and live a meaningful life.

Recommended time for teaching + game + analysis:
about 15 - 20 minutes in total

End here for Session 1 for non-consecutive lessons

Activity/Game

Activity/Game 2:

The Value of Life

Distribute game cards of different values of life: Healthy, academic success, wisdom, having a lot of friends, etc.

Method A

- (1) Each student draws out one card or more
- (2) Ask them to share whether the value shown on the card is one of their life goals/values. If it is, ask whether there are other goals. If not, ask them what other goals they have and why

Method B

- (1) Randomly distribute three cards to each student
- (2) Instruct students to exchange their card with a classmate if they do not want it; they can only exchange it once
- (3) Students can exchange two cards for one, or vice versa
- (4) Analyze and discuss the goals/values that students consider as important

Activity 2 Concept

Illustrate the values of life in the form of a game. The use of solid examples to explain abstract concepts can help strengthen the impression of students, responding to the 1st key learning point: exploring the value and meaning of life.