

Teacher's Reference

• Lui Yip Kit-Ha [Living Donation • A Selfless Devotion]

◇ Living organ donation is not uncommon in Hong Kong. It is not the first choice for medical personnels because living donors have to bear a certain degree of risk in the surgery. Unless there are no other options, medical personnels would prefer cadaveric donation. Blood relatives are the first choice for living donation, as that could reduce the chance of organ rejection.

◇ The Great Love of a Liver Donation

Nevertheless, there were some urgent cases in Hong Kong where living donors were non-blood related with the recipients. Such selfless spirit of sacrifice is a rare example in the utilitarian commercial world nowadays. Living donors are not necessarily tall and strong. A slim lady can help save life as long as she is eager to help.

Lui Yip Kit-Ha is a heroine who donated her liver to save a friend. In 2016, she showed her great love by donating organ to a non-blood related friend. Wu Man-Ming, the organ recipient, was the boss of her husband and a retired principal of Holy Trinity High School of the Episcopal Church. During the interview, Mrs. Lui told the media that she had only met Mr. Wu a few times before the operation. When Mrs. Lui visited Mr. Wu, he was painful and weak while his wife was crying. That triggered her desire to help and make the decision to donate her liver.

◇ Empathy for the Sick

Many said that Mrs. Lui had done something great. She emphasized that it was not anything great but she believed that "it is a blessing to be able to help". In fact, Mrs. Lui had quite some physical problems when she was a child and even underwent a spine correction surgery, so she understands how much sickness can bother a person. That is exactly why she had no hesitation in donating part of her liver to save her friend. Mrs. Lui has lived up to and passed on the spirit of love by "helping others and oneself".

• Kelly Tang, the Glassy Girl [More Help • More Understanding]

◇ Kelly Tang has a congenital disease named "osteogenesis imperfecta", which is also known as the "brittle bone disease". She has a small body like a 2-year-old; her arms and legs could not grow normally and would easily fracture; she cannot live as a normal person, nor receive formal education.

◇ Kelly did not give up. Instead, she showed her passion and perseverance in life. Not only did she attend the course of Bachelor of Arts in Chinese Language and Literature at The Open University of Hong Kong, she engaged actively in the society by visiting schools, churches, private and commercial institutes, as well as hospitals to promote the positive value of life.

◇ Kelly has opened a Facebook account to share her experience in life with the public. There are many enlightening words that deeply impress the readers. She said, "Only by accepting yourself, you can integrate into a community, have a happy social life and take a further step to get engaged in the society. With more help and understanding in the interaction between the disabled and able-bodied people, we can establish our own value and a real inclusive society..... it is a blessing to be loved or helped, but the true meaning of 'love' is to love and give blessings to the others."

◇ Kelly's words have shown her passion for life and care for the society. They are touching and a great ode to life.



• **Chan Cheuk-Ming (Sham Shui Po Ming Gor) [From the Grassroots • Helping Others and Oneself]**

- ◇ Chan Cheuk-Ming is often called “Ming Gor”. He is the owner and chef of a restaurant in Sham Shui Po, Kowloon. He became famous after the media reported his long practice of giving food to the disadvantaged and homeless people.
- ◇ Since 2008, Ming Gor gave out free meals to the grassroots and homeless people in the district. In the last 13 years, he and his volunteers continued giving out free meal boxes, with over 60,000 boxes distributed this year. His kindness has won the support of many volunteers and at the same time, inspired a number of people to join in the action to help others, by extending the service to other districts so as to help more people in the disadvantaged group.
- ◇ In the period of Covid-19 epidemic, though his business was affected, Ming Gor did not lay off any of his staff nor reduce their salary, but continued his action to help the grassroots.

• **Mother Teresa [Pursuing Dreams • with Gratitude]**

- ◇ Mother Teresa of Calcutta (August 26, 1910 to Sep 5, 1997) was a Catholic nun, a missionary and a charity worker.
- ◇ In Calcutta, she established the “Home for the Dying” for the dying poor people. Some were able to recover under Mother Teresa’s care, while others passed away in peace and with dignity. She would also teach the recovered people working skills so that they could start a new life.
- ◇ She once negotiated with the Israeli army and Palestinian guerrillas to secure a truce between the two parties and rescued several children from a hospital in the war zone.
- ◇ In 1979, her benevolence earned her the Nobel Peace Prize for her work undertaken in the struggle to overcome poverty and distress in the world.
- ◇ Mother Teresa believed that the biggest misfortune of humanity is not poverty or illness, but the lack of help in the face of adversity.
- ◇ With her faith, she lived up to her ideals and helped people in need. In her whole life, she established more than 740 hospices in 71 countries.

Mother Teresa Quotes:

- (1) Intense love does not measure, it just gives.
- (2) Give until it hurts.
- (3) Love begins at home, we should spread love as we enjoy its fruit.