

## Highlights of the Toolkit

“Organ Donation for You and Me” published by Hong Kong Organ Transplant Foundation is the first teaching toolkit in Hong Kong which brings out the knowledge and meaning of “Organ Donation” through three aspects of health and moral education, namely “Holistic Health and Wellness”, “The Values of Life” and “Social Caring”. We believe that a systematic introduction of moral education in junior forms can help the younger generation develop positive value as well as a culture of organ donation at an early age. It also encourages the youngsters to spread out the message of self-caring and caring of others.



The Toolkit consists of four modules, namely “Holistic Health and Wellness” (Module 1), “The Values of Life” (Module 2) and “Social Caring” (Module 3) and the core theme “Organ Donation” (Module 4). The first three modules surround and point to the main theme, “Organ Donation”, intending to bring out the concept and message of organ donation progressively. At the same time, each of the three modules has its own moral perspective. We hope that through interactive activities at class such as games and discussion, the knowledge of youngsters on life values can be strengthened and they can learn to care for others. This will in turn help build up their positive values when they grow up.

**Module 1** brings out the concept and importance of “**Holistic Health and Wellness**” (including “physical”, “mental”, “social” and “spiritual” health). Students are encouraged to cultivate good living habits to avoid serious illness or even organ failure. Living with a healthy life, we can then reduce the burden on our society, both medically and financially.

**Module 2** teaches students the real meaning of “**The Values of Life**”. Life is precious. We should respect and treasure life, and establish a positive outlook on life. Life can influence life. Organ donation demonstrates a way of treasuring and making the best use of life.

**Module 3 “Social Caring”** emphasizes the importance of cooperation and mutual respect in a collective society. We care and help people in need, and at the same time receiving care and help when in need. The act of caring for oneself and others is important. Organ donation shows the spirit of selfless love, to relatives and friends, or even a stranger in the society, which is in fact an act of “social caring”. Only a caring society can stay united and strong, and develop sustainably.

**Module 4 “Organ Donation”** is the core module of the toolkit, and a conclusion of the first three modules. This module introduces the current situation and system of organ donation in Hong Kong through fact and knowledge delivery, games and activities. Besides obtaining knowledge on organ donation, we hope that students can have a better understanding on their roles and responsibilities, and be more willing to share information about organ donation with others.

The four modules of the toolkit have their own themes but they are organized to interconnect and echo with each other, constituting an overall concept of moral education. While the toolkit allows teachers to introduce the different aspects of organ donation systematically, each module can be used independently to suit the needs of different forms, in accordance with the school-based circumstances.

Apart from providing professional and academic knowledge, each module has included different activities, including classroom games, music, videos and case studies, etc.. The diversified and interactive approach is intended to help add interest to the subject.